

1. Abundance
2. Acceptance
3. Accessibility
4. Accomplishment
5. Accountability
6. Accuracy
7. Achievement
8. Acknowledgement
9. Activeness
10. Adaptability
11. Adoration
12. Adroitness
13. Advancement
14. Adventure
15. Affection
16. Affluence
17. Aggressiveness
18. Agility
19. Alertness
20. Altruism
21. Amazement
22. Ambition
23. Amusement
24. Anticipation
25. Appreciation
26. Approachability
27. Approval
28. Art
29. Articulacy
30. Artistry
31. Assertiveness
32. Assurance
33. Attentiveness
34. Attractiveness
35. Audacity
36. Availability
37. Awareness
38. Awe
39. Balance
40. Beauty
41. Being the best
42. Belonging
43. Benevolence
44. Bliss
45. Boldness
46. Bravery
47. Brilliance
48. Buoyancy

Values Inquiry

1. Circle your 25 +/- most important values
2. From the circled list, asterisk your top 10 values
3. From your asterisked list rank your top five from 1 (most important) to 5 (less important)

49. Calmness
50. Camaraderie
51. Candor
52. Capability
53. Care
54. Carefulness
55. Celebrity
56. Certainty
57. Challenge
58. Change
59. Charity
60. Charm
61. Chastity
62. Cheerfulness
63. Clarity
64. Cleanliness
65. Clear-mindedness
66. Cleverness
67. Closeness
68. Comfort
69. Commitment
70. Community
71. Compassion
72. Competence
73. Competition
74. Completion
75. Composure
76. Concentration
77. Confidence
78. Conformity
79. Congruency
80. Connection
81. Consciousness
82. Conservation

83. Consistency
84. Contentment
85. Continuity
86. Contribution
87. Control
88. Conviction
89. Conviviality
90. Coolness
91. Cooperation
92. Cordiality
93. Correctness
94. Country
95. Courage
96. Courtesy
97. Craftiness
98. Creativity
99. Credibility
100. Cunning
101. Curiosity
102. Daring
103. Decisiveness
104. Decorum
105. Deference
106. Delight
107. Dependability
108. Depth
109. Desire
110. Determination
111. Devotion
112. Devoutness
113. Dexterity
114. Dignity
115. Diligence
116. Direction
117. Directness
118. Discipline
119. Discovery
120. Discretion
121. Diversity
122. Dominance
123. Dreaming
124. Drive
125. Duty
126. Dynamism
127. Eagerness
128. Ease
129. Economy
130. Ecstasy

131. Education
132. Effectiveness
133. Efficiency
134. Elation
135. Elegance
136. Empathy
137. Encouragement
138. Endurance
139. Energy
140. Enjoyment
141. Entertainment
142. Enthusiasm
143. Environmentalism
144. Ethics
145. Euphoria
146. Excellence
147. Excitement
148. Exhilaration
149. Expectancy
150. Expediency
151. Experience
152. Expertise
153. Exploration
154. Expressiveness
155. Extravagance
156. Extroversion
157. Exuberance
158. Fairness
159. Faith
160. Fame
161. Family
162. Fascination
163. Fashion
164. Fearlessness
165. Ferocity
166. Fidelity
167. Fierceness
168. Financial independence
169. Firmness
170. Fitness
171. Flexibility
172. Flow
173. Fluency
174. Focus
175. Fortitude
176. Frankness
177. Freedom
178. Friendliness

179. Friendship
180. Frugality
181. Fun
182. Gallantry
183. Generosity
184. Gentility
185. Giving
186. Grace
187. Gratitude
188. Gregariousness
189. Growth
190. Guidance
191. Happiness
192. Harmony
193. Health
194. Heart
195. Helpfulness
196. Heroism
197. Holiness
198. Honesty
199. Honor
200. Hopefulness
201. Hospitality
202. Humility
203. Humor
204. Hygiene
205. Imagination
206. Impact
207. Impartiality
208. Independence
209. Individuality
210. Industry
211. Influence
212. Ingenuity
213. Inquisitiveness
214. Insightfulness
215. Inspiration
216. Integrity
217. Intellect
218. Intelligence
219. Intensity
220. Intimacy
221. Intrepidness
222. Introspection
223. Introversion
224. Intuition
225. Intuitiveness
226. Inventiveness

227. Investing
228. Involvement
229. Joy
230. Judiciousness
231. Justice
232. Keeness
233. Kindness
234. Knowledge
235. Leadership
236. Learning
237. Liberation
238. Liberty
239. Lightness
240. Liveliness
241. Logic
242. Longevity
243. Love
244. Loyalty
245. Majesty
246. Making a difference
247. Marriage
248. Mastery
249. Maturity
250. Meaning
251. Meekness
252. Mellowness
253. Meticulousness
254. Mindfulness
255. Modesty
256. Motivation
257. Mysteriousness
258. Nature
259. Neatness
260. Nerve
261. Non-comformity
262. Obedience
263. Open-mindedness
264. Openness
265. Optimism
266. Order
267. Organization
268. Originality
269. Outdoors
270. Outlandishness
271. Outrageousness
272. Partnership
273. Patience
274. Passion

- 275. Peace
- 276. Perceptiveness
- 277. Perfection
- 278. Perkiness
- 279. Perseverance
- 280. Persistence
- 281. Persuasiveness
- 282. Philanthropy
- 283. Piety
- 284. Playfulness
- 285. Pleasantness
- 286. Pleasure
- 287. Poise
- 288. Polish
- 289. Popularity
- 290. Potency
- 291. Power
- 292. Practicality
- 293. Pragmatism
- 294. Precision
- 295. Preparedness
- 296. Presence
- 297. Pride
- 298. Privacy
- 299. Proactivity
- 300. Professionalism
- 301. Prosperity
- 302. Prudence
- 303. Punctuality
- 304. Purity
- 305. Rationality
- 306. Realism
- 307. Reason
- 308. Reasonableness
- 309. Recognition
- 310. Recreation
- 311. Refinement
- 312. Reflection
- 313. Relaxation
- 314. Reliability
- 315. Relief
- 316. Religiousness
- 317. Reputation
- 318. Resilience
- 319. Resolution
- 320. Resolve
- 321. Resourcefulness
- 322. Respect
- 323. Responsibility
- 324. Rest
- 325. Restraint
- 326. Reverence
- 327. Richness
- 328. Rigor
- 329. Sacredness
- 330. Sacrifice
- 331. Sagacity
- 332. Saintliness
- 333. Sanguinity
- 334. Satisfaction
- 335. Science
- 336. Security
- 337. Self-control
- 338. Selflessness
- 339. Self-reliance
- 340. Self-respect
- 341. Sensitivity
- 342. Sensuality
- 343. Serenity
- 344. Service
- 345. Sexiness
- 346. Sexuality
- 347. Sharing
- 348. Shrewdness
- 349. Significance
- 350. Silence
- 351. Silliness
- 352. Simplicity
- 353. Sincerity
- 354. Skillfulness
- 355. Solidarity
- 356. Solitude
- 357. Sophistication
- 358. Soundness
- 359. Speed
- 360. Spirit
- 361. Spirituality
- 362. Spontaneity
- 363. Spunk
- 364. Stability
- 365. Status
- 366. Stealth
- 367. Stillness
- 368. Strength
- 369. Structure
- 370. Success
- 371. Support
- 372. Supremacy
- 373. Surprise
- 374. Sympathy
- 375. Synergy
- 376. Teaching
- 377. Teamwork
- 378. Temperance
- 379. Thankfulness
- 380. Thoroughness
- 381. Thoughtfulness
- 382. Thrift
- 383. Tidiness
- 384. Timeliness
- 385. Traditionalism
- 386. Tranquility
- 387. Transcendence
- 388. Trust
- 389. Trustworthiness
- 390. Truth
- 391. Understanding
- 392. Unflappability
- 393. Uniqueness
- 394. Unity
- 395. Usefulness
- 396. Utility
- 397. Valor
- 398. Variety
- 399. Victory
- 400. Vigor
- 401. Virtue
- 402. Vision
- 403. Vitality
- 404. Vivacity
- 405. Volunteering
- 406. Warmheartedness
- 407. Warmth
- 408. Watchfulness
- 409. Wealth
- 410. Willfulness
- 411. Willingness
- 412. Winning
- 413. Wisdom
- 414. Wittiness
- 415. Wonder
- 416. Worthiness
- 417. Youthfulness
- 418. Zeal